

# Healthy Cooking on a Budget

Wilkes County Diabetes & Nutrition Center

**Erin Cashwell**, MPH, RD,LDN, CDE Registered Dietitian

**Kimberly Jordan** , BS, Nutritionist

**Thursday**  
**September 28, 2017**  
**5:00pm-6:30pm**



Light meal & recipes included

Limit of 20 persons

Registration required

Call Library at 336-838-2818

